October is National Farm to School Month!

October 2024 Elementary & Middle School Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch is FREE	OCTOBER IS	Beef Tacos	Waffles or Bagel	Cheeseburger or	Homemade Pizza
for all students!	NATIONAL	Steamed Rice	Sausage Links	Hot Dog on a Bun	or
	FARM TO SCHOOL	or	Hash Brown	Cole Slaw	Chicken Bacon
Milk: \$1.00	MONTH!	Tukey Sandwich	Spinach Salad	Roasted Potatoes	Ranch Wrap
Snacks/Drinks: \$1.00+		Corn, Bean Salad	NY Grape Juice	NY Grape Slushie	Veggie Sticks
2nd Entrée: \$2.00		1	2	3	4
	Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg				
Daily Alternates	Pasta & Meatballs	Mozzarella Sticks	Crispy Chicken Sandwich	Grilled Cheese	Homemade Pizza
PB&J Meal	Fresh Baked Bread	Seasoned Rotini	or	or	or
Salad Meal	or	Marinara Sauce	Turkey Sandwich	Ham/Cheese Bagel Melt	Meatball Sub
Pretzel Meal (6-8th)	Egg Salad Sandwich	or Ham Sandwich	French Fries	Tomato Soup	Caesar Salad
	Green Beans	Caesar Salad	Baby Carrots	Baked Beans	Roasted Chickpeas
	Baby Carrots 7	8	9	10	11
	Weekly Salad: Crispy Chicken Hard Boiled Egg, Cheese & Assorted Vegetables				
Available With All Meals		Macaroni & Cheese	Beef & Cheese Nachos	French Toast <i>or</i>	Homemade Pizza
Seasonal Fresh and/or	No School	Fresh Baked Bread	Steamed Rice	Bagel w/ Cream Cheese	or
Canned Fruit		or Ham Sandwich	<i>or</i> Turkey Sandwich	Sausage Links	Chicken Caesar Wrap
At Least 2 Vegetables		Garden Green Peas	Corn, Refried Beans	Potato Puffs	Veggie Sticks
Choice of Stewart's Milk		Baby Carrots	Assorted Toppings	Spinach Salad	🍎 Kale Chips
	14	15	16	17	18
	Weekly Salad: Chef with Turkey, Hard Boiled Egg, Cheese & Assorted Vegetables				
We love local!	Boneless Chicken Wings	Mozzarella Sticks	SUPER SUB	Chicken Tenders	Homemade Pizza
We partner with a	Corn Bread		Italian Mix or Shaved Turkey		or
number of local farms	or Turkey Sandwich	Marinara Sauce	on Homemade Bread	Assorted Sandwiches	Buffalo Chicken Dip
Look for the	French Fries	or Ham Sandwich	<i>or</i> Yogurt Meal	Garden Green Peas	w/ Tortilla Chips
designating local	Carrots & Celery	Caesar Salad	Chicken Noodle Soup	Broccoli Salad	Roasted Chickpeas
products from within	21	22	Veggie Sticks 23	24	
New York state.	Weekly Salad - Cobb w/ Chicken, Tomato, Mozzarella, Bacon, & Hard Boiled Egg				
	Chicken Alfredo	Beef Tacos	Homemade Pancakes	Orange Chicken	
	over Penne Pasta	Steamed Rice	or Bagel w/ Cream Cheese	with Jasmine Rice	Eat
	Fresh Baked Bread or	<i>or</i> Tukey Sandwich	Sausage Links	or Ham Sandwich	LOCAL
Questions? Contact	Egg Salad Sandwich	Corn, Bean Salad	Hash Brown	Stir-Fried Vegetables	THILIDIE G
Food Service Director	Green Beans		Spinach Salad	Halloween Treat	
Sarah Keen at	Caesar Salad 28	29	30	31	
keens@schuylerville.org	Weekly Salad: Crispy Chicken Hard Boiled Egg, Cheese & Assorted Vegetables				