November 2024 UPK Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------|---------------------------|------------------------------|-----------------------|---------------------------------|-----------------------|
| Lunch is FREE | Boar's Head | Proudly serving local | Only whole muscle | Visit linqconnect.com to | Cheese Pizza |
| for all students! | deli meats on | Kilcoyne Farms beef | chicken with no | add money to student | or |
| | all sandwiches! | from Hudson Falls, NY | added soy or fillers! | accounts or complete the | Crispy Chicken Wrap |
| Milk Only: \$1.00 | | | distant | voluntary income survey | Veggie Sticks |
| | Boar's Head | KILCOYNE | | C | |
| | Doar's Fleat | | | LINQ Connect | 1 |
| | Boneless Chicken Wings | Cheese Quesadilla | Cheeseburger | Grilled Cheese | Cheese Pizza |
| | Corn Bread | or Turkey Sandwich | or | or | or or |
| | or Tuna Sandwich | Steamed Corn | Hot Dog on a Bun | Ham/Cheese Bagel Melt | Chicken Caesar Wrap |
| | Steamed Broccoli | Steamed Com | Roasted Potatoes | Baked Beans | Veggie Sticks |
| | Steamed bloccon | | Noasted Foldioes | Daked Dealis | veggle Sticks |
| | 4 | 5 | 6 | 7 | 8 |
| | | | | | |
| Available With All Meals | A 🛨 🛨 A | Orange Chicken | World Kindness Day | Crispy Chicken Sandwich | Cheese Pizza |
| Seasonal Fresh and/or | ★ Veterans Day ★ | with Jasmine Rice | Macaroni & Cheese | or | or |
| Canned Fruit | Veterans Day | <i>or</i> Ham Sandwich | Fresh Baked Bread | Egg Salad Sandwich | Philly Cheese Steak |
| At Least 2 Vegetables | | Stir-Fried Vegetables | or Ham Sandwich | French Fries | Steamed Broccoli |
| Stewart's 1% or Skim Milk | | | Garden Green Peas | | |
| | 11 | 12 | 13 | 14 | 15 |
| Local & Fresh | National Apple Cider Day | Waffles or Bagel | Beef & Cheese Nachos | Popcorn Chicken | UPK-5 Early Dismissal |
| Look for the apple | Crispy Chicken Tenders | Sausage Patties | Steamed Rice | Buttermilk Biscuit or | |
| on our menu that | with Corn Bread <i>or</i> | Potato Puffs | or Turkey Sandwich | Ham Sandwich | FX |
| designates a local | Egg Salad Sandwich | NY Grape Juice | Steamed Corn | Mashed Potatoes/Gravy | Sign |
| product from NY. | Baby Carrots | | | | |
| | Apple Cider 18 | 19 | 20 | 21 | 22 |
| | | | | T = = | |
| | Mozzarella Sticks | <u>UPK-5 Early Dismissal</u> | Thanksgiving Recess | Thanksgiving Recess | Thanksgiving Recess |
| | Seasoned Rotini | | No School | No School | No School |
| Questions? Contact | Marinara Sauce | | | Marie Marie Marie | |
| Food Service Director | or Ham Sandwich | | (PD) | 子手里 | |
| Sarah Keen at | Green Beans | •• • • | | | |
| keens@schuylerville.org | 25 | 26 | 27 | 28 | 29 |
| | | | | | |